



डॉ. बी.आर. अम्बेडकर सामाजिक विज्ञान विश्वविद्यालय
Dr. B.R. Ambedkar University of Social Sciences
(State University established by the Government of Madhya Pradesh)



Teacher available on 
With
Classical Pranayama

Everyday
6 pm to 7 pm

Your Benefits:

- ✓ Enhance your Lung Capacity & Develop Immunity
- ✓ Build & enhance Concentration & Creativity
- ✓ Relief from Anxiety
- ✓ Revitalize the internal organs
- ✓ Free yourself from Lifestyle Disorders

School of Yoga
Yogic Science Department