



**डॉ. बी.आर. अम्बेडकर सामाजिक विज्ञान विश्वविद्यालय**  
**Dr. B.R. Ambedkar University of Social Sciences**  
(State University established by the Government of Madhya Pradesh)

# **A Webinar on Classical PRANAYAMA**

**FROM - 21/4/2021 TO 30/4/2021 (7:30AM-8:30AM)**

**An Initiative to enhance the immunity during  
Pandemic COVID 19 under the guidance of -**



**Dr. Ajay Dubey (yogic Science)**



**Gayatri Paneri (M.A Yogic science)**



[https://us05web.zoom.us/j/](https://us05web.zoom.us/j/4314304021)

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**Guest App. - Ajay Dewangan (M.A Yogic Science)**